



**GET HELP WITH YOUR
GOOD FOOD NATION PLAN**



WHAT IS A GOOD FOOD NATION PLAN

The recently introduced Good Food Nation Act requires local authorities and health boards to produce cross-cutting local food plans. The plans will have to take into account a range of issues from social and economic wellbeing, climate and nature, health and education. They require local authorities to conduct inclusive consultation and give regard to right to food in preparation of the plan. They will need to be published in 2025.

ABOUT NOURISH SCOTLAND



Nourish Scotland is Scotland's leading food policy organisation, specialising in food systems and participative approaches to developing policy. We read across all food system issues: from food insecurity to health to agriculture. We have been active in Scotland's food policy making for over a decade and currently advise the national and local governments on a range of issues. We have extensive experience in co-production and human rights approaches.

We offer support to local authorities and health boards in preparation of comprehensive food plans compliant with the legislative requirements.

HOW TO GET STARTED: A DIAGNOSTIC REVIEW

To help you get started, we offer a diagnostic call with 2 food system practitioners from the Nourish team. This focused consultancy session will provide you with a solid foundation for developing a Good Food Nation plan in your local authority or health board.

During the call we will engage in a mapping exercise. This will include identifying key stakeholders, existing baseline data and where to find it, potential synergies with other initiatives and policies, and knowledge gaps. We will draw on our extensive knowledge of food policy to help you consider both the process of making a plan and the type on policies and interventions which could help improve the local food system.

You will leave the call with a sense of clarity and confidence, and specific next steps on the journey of preparing the local food plan.



TAILORED SUPPORT PROGRAMME: PLANNING A GOOD FOOD NATION

For local authorities and health boards who would appreciate more comprehensive support, we offer a tailored support programme in developing the Good Food Nation Plan.

This might include:

- tailored route map for developing a Good Food Nation Plan
- immersive workshops for key stakeholders
- a suite of relevant case studies and policies to provide inspiration for the Plan
- the key concepts underpinning a systemic approach to food issues
- thinking tools and frameworks which support comprehensive and coherent policymaking
- support with inclusive participation, including bespoke advice from our Meaningful Participation Panel

Our support will also include dedicated advice sessions and review of the draft plan.

To find out more, get in touch with Simon Kenton-Lake on simon@nourishscotland.org.uk / 07513 551922.

