

## What is available in this family's kitchen?

Before the Community Advisors began thinking about what the family would eat each week, we needed to know what kitchen equipment they would have available. Each group was asked to imagine what would be available to a family of this size if we were living in a Good Food Nation.

We referred to this list in the discussions, for example to help decide whether the family would have a freezer to keep leftovers or a slow cooker to make a stew on a busy day.

Kitchen Equipment <sup>1</sup>	Browns	Robinsons	Harris McGregors	MacDougalls
Cooker, fridge freezer, kettle, toaster	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Saucepans, frying pan, baking trays, casserole dish	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Knife set, utensil set, corkscrew, cheese grater	<input type="checkbox"/> No corkscrew	<input checked="" type="checkbox"/>	<input type="checkbox"/> Only knife set	<input checked="" type="checkbox"/>
Mixing bowls, jug, sieve, scales, chopping boards	<input type="checkbox"/> No jug	<input checked="" type="checkbox"/>	<input type="checkbox"/> Only sieve	<input checked="" type="checkbox"/>
Oven gloves, tea towels, plastic storage tubs	<input type="checkbox"/> No oven gloves	<input type="checkbox"/> No oven gloves	<input type="checkbox"/> Only tea towels	<input type="checkbox"/> No oven gloves
Clingfilm, tin foil, bin	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Additions from the group discussion	Microwave, Slow cooker, Coffee maker	Microwave, Slow cooker, Chip pan, Crockery	Microwave, Hand blender, Toastie machine, Bottle opener, Crockery, Sandwich bags	Microwave, Hand blender, Coffee maker

Mentioned by group

Group decided on some but not all

Not mentioned by group

<sup>1</sup> Each group compared the items they mentioned to a list of 'key items included in all household budgets' determined by the Minimum Income Standard project. Some of the items were considered 'nice to haves' rather than essentials, but the chart reflects each group's conversations about what families of this size should be able to afford. See Davis et al (2015) [How much is enough? Reaching social consensus on minimum household needs](#), p 68