

Our Right to Food

MacDougall Family



Good Fit for People's Lives

Breakout Room

- Introductions
 - Meet the family
 - Explore the detail - lunches
-

MacDougall Family - who lives here?



Designed by Canva

Mum



Agnes (aged 36)

- Part time care worker
- Midweek shifts arranged around school & nursery hours:
 - 9am – 2pm on Tuesdays and Thursdays
 - 7pm-7am Saturday - Sunday
- Takes children to and from school & nursery
- Saturday - Sunday children go to their dad's house. Agnes packs snacks for them.
- On Sundays, Agnes has a big dinner with the children

Children



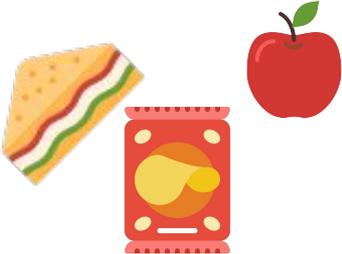
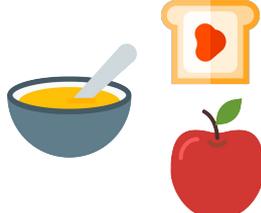
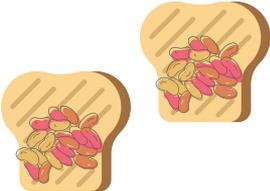
Morag (aged 5)

- Usually has school dinner
- 1 or 2 times per week her mum packs lunch or snacks because she doesn't always like the meals.

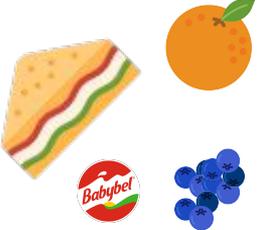
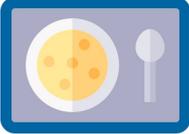
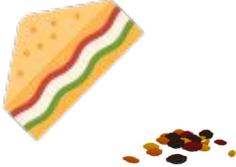
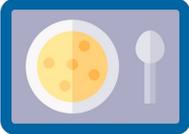
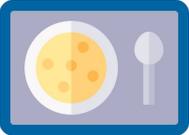
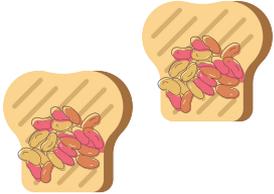
Hamish (aged 2)

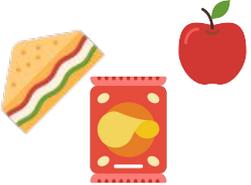
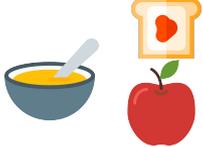
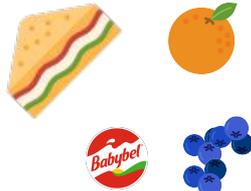
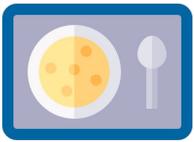
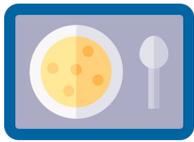
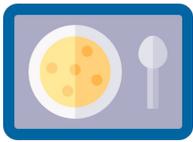
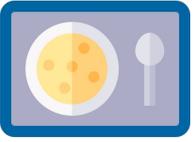
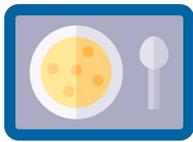
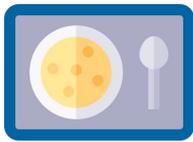
- Eats at nursery on days when Agnes works.
- On Mondays, Wednesdays and Fridays, he stays home with Agnes. They take long walks and bring packed lunches.

Mum's Lunches

	Monday	Tuesday	Wednesday	Thursday	Friday
Agnes (36)	 <p><i>Lunch at home</i></p>	 <p><i>Lunch at work</i></p>	 <p><i>Lunch at home</i></p>	 <p><i>Lunch at work</i></p>	 <p><i>Lunch at home</i></p>

Children Lunches

	Monday	Tuesday	Wednesday	Thursday	Friday
Morag (5)	 <i>Packed lunch</i>	 <i>School meal</i>	 <i>School meal</i>	 <i>School meal</i>	 <i>School meal</i>
Hamish (2)	 <i>Packed lunch</i>	 <i>Nursery meal</i>	 <i>Nursery meal</i>	 <i>Nursery meal</i>	 <i>Lunch at home</i>

	Monday	Tuesday	Wednesday	Thursday	Friday
Agnes (36)	 <p><i>Lunch at home</i></p>	 <p><i>Lunch at work</i></p>	 <p><i>Lunch at home</i></p>	 <p><i>Lunch at work</i></p>	 <p><i>Lunch at home</i></p>
Morag (5)	 <p><i>Packed lunch</i></p>	 <p><i>School meal</i></p>	 <p><i>School meal</i></p>	 <p><i>School meal</i></p>	 <p><i>School meal</i></p>
Hamish (2)	 <p><i>Packed lunch</i></p>	 <p><i>Nursery meal</i></p>	 <p><i>Nursery meal</i></p>	 <p><i>Nursery meal</i></p>	 <p><i>Lunch at home</i></p>