

## OVERVIEW

In small groups, participants discuss how the ways in which people are treated by community food initiatives might enhance or undermine the dignity of someone facing food insecurity. This activity builds understanding about the Dignity Principles in Practice by encouraging participants to consider real-life scenarios from the perspective of someone who is experiencing food insecurity.

**Note:** If you would like to use a similar activity to reflect on the practice in your setting, we recommend using the [Review Your Practice activity](#).



## AIM

To gain a better understanding of the Dignity Principles in Practice through applying them to real-life scenarios.

**Note:** Timing can be stretched to 60 minutes, depending on the time available.

## MATERIALS

- **Scenario Cards-** approximately 20 for each group. Scenarios should be printed on single-sided paper and cut into individual scenario cards. [Click here](#) to see the scenarios.
- **Dignity in Practice spectrum** (one for each group). You can either draw out the spectrum on a big piece of paper by following the example on the right or [click here](#) to download and print Dignity Spectrum A4 board.

## PARTICIPANTS

Divide participants into groups of 4-6. Smaller groups allow for each participant to contribute to the conversation more fully. The more groups you create the more materials you will need.

## PREPARING THE ROOM

Move chairs into groups and place a Dignity in Practice spectrum in the middle of each group, ensuring that all participants can see it. Provide each group with a set of scenario cards, place these face down.

